



THE
REFEREES'
ASSOCIATION



2023/24 MEMBERS BROCHURE

IN PARTNERSHIP WITH 
Spencer Hayes
GROUP

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THE BOARDS INTRODUCTION

This year sees The Referees' Association (the RA) running the 100th Eve of Final Rally. This single event embodies the spirit of the RA.

We are honouring the referees that have reached the pinnacle of the domestic game while opening up their world to all members of the RA.

During these challenging times we continue to support our members at all levels of the game. The RA has reacted to high profile incidents, speaking out to protect the interests of all referees. We have also dealt with highly personal cases that very few people will ever hear about. Both ends of this spectrum are important and our representative and welfare teams deliver first class support and protection to members whatever level they referee at.



We also continue to learn the lessons from the shift to a more digital world. The RA is strengthening its digital team and this year will see the Eve of Final Rally delivered virtually for the first time. This will make the event more accessible while reducing the impact to the preparations of the professional referees on possibly the biggest game of their career.

As we move forward the RA continues to strengthen our relationships with key football stakeholders. Ensuring the RA remains relevant in the world of today is more important than ever. Referees find themselves contending with a changing world and recent events in the professional and grassroots game have shown the ongoing need for a sustainable and inclusive RA.

The board see a bright and revitalised future for the RA with an increased recognition that we offer a unique opportunity to improve the game for everyone.

WE ARE HERE TO SERVE!

We are proud to serve the Members of **The Referees' Association** - so if you need any help or information, don't hesitate to get in touch with us to discuss any questions or queries you may have.

- Spencer Hayes Group

WE ARE HERE TO SERVE

3 STEP GUIDE TO ACCESSING MEMBER BENEFITS

1

Issue / Concern / Problem / Injury

2

Contact Us: 0800 2545404
membersupport@spencerhayesgroup.co.uk

3

Help / Support / Guidance / Solutions

We have added this 3 step guide to make accessing your Member benefits as simply as possible.

We have seen instances recently where delays in contacting the dedicated helpline or email has resulted in Members benefits not being accessible and we do not want you to miss out – please, please get in touch as soon as you have a problem or injury.

We can then provide you with some impartial independent advice from the outset.

Don't delay, contact us today!
0800 2545404

If you delay contacting us you might not be able to access some of your Member benefits.

MEMBER BENEFITS AT A GLANCE



PHYSIO

Maximum of 2 claims per Member per year and each claim is a maximum of 5 sessions at a maximum of £50 per session (any one total claim £250). Members must complete the normal claim form and provide the usual evidence including a doctor's note confirming the need for physio that the NHS aren't able to provide.

PERSONAL EFFECTS COVER

£400 - Usual claim form to be completed and evidence provided - £25.00 excess applies.

REFEREES KIT COVER

£400 - Usual claim form to be completed and evidence provided - £25.00 excess applies.

HOSPITALISATION COVER

£25 Per Day Up To 30 Days - Usual claim form to be completed and evidence provided - Nil Excess.

BROKEN BONES COVER

Up to £500 – Nil Excess

DENTAL COVER

£250 - Usual claim form to be completed and evidence provided - £25.00 excess applies.

SOCIETY PUBLIC LIABILITY INSURANCE

Cover for guest speakers, invited visitors or damage to third-party property, should a society or Member be negligent.

PERSONAL ACCIDENT SUMMARY OF COVER

POLICY SECTION	COMPENSATION / SUM INSURED
Death	£15,000
Eye(s) or Limb(s)	£15,000
Permanent Disablement	£15,000
Hospitalisation	£25 Per Day- up to 30 days
Temporary Disablement / Partial Disablement	£200 Per Week / £100 Per Week
Rehabilitation	£5,000
Medical Expenses	25% of the Temporary / Partial Disablement
Eyes / Limbs by Paralysis (illness)	£15,000
Victim Support / Counselling	Cost of up to 3 sessions
Funeral Expenses	£500
Loss of Referees Equipment	£400
Loss of Clothing & Personal Effects	£400
Broken Bones	Up to £500 - Nil Excess
Dental	£250

Members aged between 14 - 16

Members between the ages of 14- 16 inclusive, benefits are restricted to Death, Capital Sums and Temporary Total Disablement. Furthermore the Sum Insured for Accidental Death is restricted to £5,000 and the Sum Insured for Temporary Total *Disablement* is *£100 per week subject to a certified loss of actual earnings from casual gainful employment.*

Members aged 75 and over

Members aged 75 or over must confirm to the Association each year that they are of good state of health with no significant health risks in the way of completing a medical declaration, proposal form.

This will enable cover to be granted.

Members not in Gainful Employment

Members not in gainful employment at the time of an Accident giving rise to a claim the amount payable for Temporary Total Disablement is restricted to £100 per week.

The Referees' Association Personal Accident Insurance has been designed with the **welfare** of its **Members** being the sole focus and developed to be **market leading**.

WHAT HAPPENS WHEN IT GOES WRONG?

It would be nice to live in a world where nothing goes wrong but unfortunately that is not the case.

Occasionally the welfare of a Referee comes under severe pressure during games which can lead to further problems and confrontation.

WELFARE

The Welfare Team is here to support any member who has suffered any kind of abuse, either during or after a match or online. This includes being shouted at by players, managers or spectators. We can assist with report writing and offer advice on what action to take when misconduct has occurred.

We can offer assistance when either you or someone during your match has been subjected to racist, sexist, homophobic or any other kind of abuse and outline the steps you should take.

We have a Welfare Team that comprises a mental health first-aider, two ex-RDOs, a police officer and three parents whose children have been subject to abuse or poor treatment. All cases are dealt with on an individual basis and are underpinned by our Representation Team.

The RA also has a Benevolent Fund which is available to any member who is suffering hardship. So if you are unable to work or have fallen on hard times, please get in touch to see if the RA can help you.

It's at this point that your Referees' Association membership comes into its own providing you with all the necessary support, counselling or rehabilitation needed in order to return to refereeing as soon as practically possible.

This support is provided without restriction or exception – if you are a Member you are entitled to the support – simple.

Examples of support we have provided are:

PHYSICAL ASSAULT – during and post game

VERBAL ABUSE – during and post game

DAMAGE TO VEHICLES – post game

REPRESENTATION TEAM

Our Representation Team comprises solicitors, barristers, ex-police officers and experts in County FA disciplinary matters. If you are charged with any offence by your County FA or the FA, our Team is there to support you and offer free advice on how best to proceed. They are also there to support you in the event that you are abused or assaulted and to guide and support you through any disciplinary hearing. Members of the Team regularly appear at disciplinary hearings and advise on all aspects of strategy, evidence and procedure. They regularly address issues concerning extraordinary incidents from matches, and other charges against referees as participants including issues which arise from social media postings.

The services of the Welfare Team and the Representation Team are provided free of charge to Members.

For help please contact:
welfare@the-ra.org
or 07718 485892.



RA Member, Hampshire:

"I would have been totally lost without the Representation Team and the Welfare Team.

They supported me from the initial reports right through to making a formal complaint to the Police as a result of the incidents as a result of the findings made by the disciplinary tribunals. I simply would not have been able to understand and cope with the procedures and stresses.

The positive outcome has allowed me to continue refereeing, confident in the active support from the RA".

IB, Gloucester:

"Following an incident in a match I received some on-line abuse which caused myself & my family a great deal of distress.

After contacting my local RA, the matter was passed on to the National RA who gave me some excellent advice & support. This issue knocked my confidence greatly & the support of the RA Welfare department helped me regain it & "get back out there".

THE REFEREES' ASSOCIATION BENEVOLENT FUND

In an organisation the size of The Referees' Association, regrettably some Members do fall on hard times due to sickness and for various other reasons beyond their control. The Association maintains a Benevolent Fund to provide monetary support for Members of The Referees' Association and their dependants in cases of financial NEED.

The fund relies upon donations from Members, LRAs, CRAs, FAs, Clubs, leagues and competitions; any donation is most welcome to assist our colleagues.

The fund is operated as a charitable trust in accordance with the rules and regulations of the Charities Commission, and is administered by Trustees, appointed by the Board.

All applications MUST be on the appropriate form, which is available from the Clerk to the Trustees, Head Office and on the R.A. website.

It is essential that the form is accurately and comprehensively completed. This may entail some personal and private information from the claimant; all information is treated in the strictest confidence and is essential to enable the Trustees to properly consider the application and to enable them to award a suitable grant.

When the form has been completed it should be sent to the Clerk to the Trustees who will refer the application to two or more Trustees for consideration.

The Trustees can only make a grant to an individual and are unable to make a donation to a Testimonial/Memorial or similar Fund.

Contact the Clerk of the Fund Chris Clarke at benevolentfund@the-ra.org or the RA Head Office by telephone 02476 420360 for further details or to apply for support.



FA VASE & TROPHY FINALS AT WEMBLEY

An application each year will be made to the Football Association on behalf of the Members with the hope of generous support in receiving complementary tickets should they be available for Members for the FA Vase & Trophy Finals at Wembley.



Joel Richards development fund

In 2015 the Referees' Association lost one of its most promising referees, Joel Richards aged 19 was holidaying in Tunisia with 3 other family members. Sadly, a total of 38 lives were cut short by a terrorist attack including Joel, his Grandfather Pat, and his uncle Adrian.

Joel's brother Owen Richards survived that fatal day and along with his mother Suzanne they have set up a charity in memory of Joel, Pat, and Adrian. As a result of their remarkable work, they have offered a development fund for our RA members to assist them in their journey to promotion as a referee. A bursary is available for those finding it hard in these troubled times with rising costs.

This fund is open to all paid members of the Referees' Association, to qualify a referee must be a paying member of 2 years before they can apply.

Joel was a promising young L4 referee with plenty of passion and a desire to succeed.

QUOTE TALKING ABOUT JOEL – THIS WAS TAKEN FROM THE PREVIOUS BIRMINGHAM FA FUND PRESS RELEASE

“Joel was an amazing role model, to me and many other, inspiring young people throughout all areas of football, refereeing, coaching and volunteering. Joel dedicated his time to supporting as many people as possible. We hope his legacy will continue through the many awards in his name, and now the Joel Richards Scholarship. We hope to continue the support he personally provided through the fund, which will benefit many – especially those who need some support to kick-start or help them on their own football journey.”

T&C's

This fund is for any referee who needs financial help to assist them in their development. Some examples of financial support that can be provided are kit, free RA membership, reduced rates at development weekends, and perhaps subsidising opportunities to referee internationally or supporting them in their fitness with fitness programs/gym memberships.

Financial support is to be split between levels, up to £150 for levels 7-5. Then £500 for levels 4 and above.

Any referee who wants to take advantage of this offer must apply to the Referees' Association, you can download an application form from both the RA and Smile for Joel websites.

The Joel Richards Development Fund is now available to anyone who has the drive to go forward, between the ages of 16 and 26, who need financial support to help them get involved with football.

All applications must be made to:
john.wilson@the-ra.org

MEMBER MOTOR BREAKDOWN ASSISTANCE

£25.00
PER YEAR
*

We have developed an exclusive offering for all Members to help them in their day to day lives.

BREAKDOWN

- Homestart
- Roadside assistance
- Local recovery
- Nationwide recovery
- No excess
- No limit on call outs
- All makes and models accepted
- No vehicle age restrictions
- UK only

CONTACT US

For more information contact:
membership@the-ra.org
or **02476 420360**.
Terms and conditions apply.

SPENCER HAYES PARTNER OFFERS

SPENCER HAYES GROUP



In addition to the Member specific benefits and niche additional products we provide we can also offer everything you would expect of an Insurance Broker:

- Personal Insurance
- Commercial Insurance
- Life & Critical Illness Insurance

These are all bespoke and tailored to your needs.

If you would like any impartial advice or for us to review your current policies please contact our office on 0161 711 0304

**GIVE EXPENSIVE CAR
LEASE COSTS THE
RED CARD!**



**SPECIAL OFFER FOR
REFEREE ASSOCIATION
MEMBERS ONLY!**

- Preferential rates for car and van leasing
- No Arrangement Fee (Saving £199)
- Complimentary access to Fleet Discount Servicing
- Priority service and expert advice

For further information please visit keyfleet.co.uk or call **01772 737383** quoting **REFEREES ASSOCIATION**.

SPENCER HAYES PARTNER OFFERS



www.bestenergyprices.co.uk is an energy comparison site, just like the others that you see on TV, that enables you to switch your home energy supplier and save money.

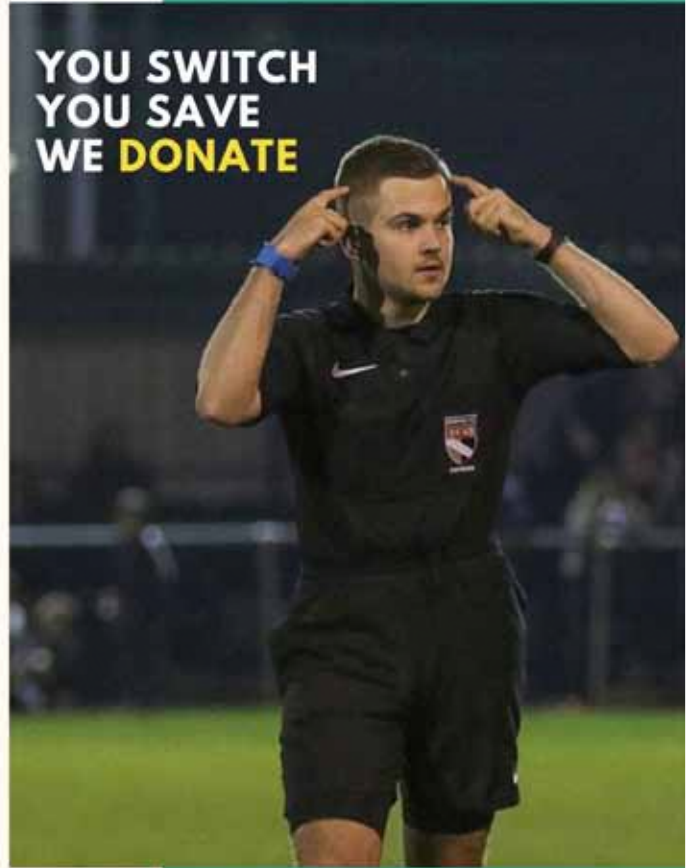
The difference, however, is that when you switch your home gas and electricity online through us, we will donate £10 to the The Referees' Association Benevolent Fund when your supplies go live.

So if you are out of contract or have not switched for some time then please visit www.bestenergyprices.co.uk/referees-association-benevolent-fund and get a quote.

**TOGETHER WE CAN
MAKE A CHANGE
FOR THE BETTER**



**YOU SWITCH
YOU SAVE
WE DONATE**



15% OFF SPORTS OFFICIATING MSC WITH ST. MARY'S UNIVERSITY

Why study Professional Development: Sports Officiating?

This Sports Officiating Master's degree ideal for anybody with an interest in sports officiating. This includes:

- Practicing officials who are seeking to develop their skills.
- Referee and umpire development leaders and executives who wish to offer their officials contemporary insight into training and progression.
- Academics who wish to pursue the investigation of sports officials as their chosen field of interest.
- The degree aims to enhance not only your critical understanding of the sports official's role, but also your research and application of training and development regarding sports officials. The course content has been carefully constructed following consultation with our partners and senior academics.

Sports Officiating is a fast-growing, contemporary area of interest, with 50% of research in this area having been completed between 2015 and 2020!

To acquire the discount, members will have to apply via the online application page: <https://www.stmarys.ac.uk/postgraduate-courses-london/sports-officiating> and, once an offer is made and accepted we will apply the discount. This discount applies to both full-time and part-time students.

**TAKE ADVANTAGE OF THESE
EXCLUSIVE MEMBER BENEFITS & OFFERS**



SOCCER SUPPLEMENT



**40% DISCOUNT ON ALL PRODUCTS
FOR MEMBERS OF THE REFEREES' ASSOCIATION**

BIG
SAVINGS
FOR OUR
MEMBERS

Hometyre
MOBILE TYRE SERVICES

HOMETYRE
20% DISCOUNT

Discounted tyres for all Members
visit www.hometyre.co.uk and add
code **RADC20** at checkout – tyres
fitted at your home or place of
work for your convenience.



REFSIX

20%

**DISCOUNT ON REFSIX PRO
FOR MEMBERS OF THE REFEREES' ASSOCIATION**

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TO YOU
TO BE AN
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For more information contact:

SPORTING TOUCH
02476 351 490
grant@sportingtouch.com



PHYSIOTHERAPY

WE WANT TO SEE AS MANY MEMBERS REFEREEING AS OFTEN AS POSSIBLE!

In order to achieve that we have extended the Physio offering to include injuries in addition to accidents.

Where you suffer an accident or injury whilst refereeing, travelling to and from a game or whilst on an official Referees' Association event where appropriate you are entitled to a maximum of 2 claims per Member per year and each claim is a maximum of 5 sessions at a maximum of £50 per session (any one total claim £250). Members must complete the normal claim form and provide the usual evidence including a doctor's note confirming the need for physio that the NHS aren't able to provide.

Although most common injuries will clear with rest over a period of time it is essential you receive the right advice from your usual medical practitioner or our triage team who will be happy to assist you.

Failure to follow this advice both in terms of rest and exercises specific to the injury can delay the healing process or cause additional injuries.

We will only pay for a maximum of £250 in total for any one Insured Person during the Period of Insurance and confirmation from a medical practitioner will be required to access the service of treatment.

We will not pay for any physiotherapy occurring after the Insured Person has either (a) returned to work or (b) been advised by a doctor that "You may be fit for work" or (c) continues to officiate after an injury has been sustained.

The aim is **simple**, assess the injury, provide advice & **appropriate treatment** and get you back on the pitch as **soon as possible**.

www.the-rashop.org

THE REFEREES' ASSOCIATION



SPORTING TOUCH

BULK DISCOUNTS
For County FA's & RA's
get in touch Today



Your one stop shop for:

- Match Kit
- Whistles
- Cards
- Watches
- Flag Sets
- Training wear
- Match Record Pads
- Much much more

THE REFEREES' ASSOCIATION



ONE BRUISE TOO MANY



REFER DIRECT:
Online and app based referral system for victims of domestic violence seeking civil injunctions.



ASSIST:
Immediate and secure online access for the police to download Non-Molestation and Occupation Orders.

"This is the single most important step forward in the protection of victims of domestic violence and their families. The speed at which orders can be secured is crucial. Thank you NC2V!"
Sussex Police

The National Centre for Domestic Violence provides a free, fast emergency injunction service to survivors of domestic violence regardless of their financial circumstances, race, gender or sexual orientation.



www.ncdv.org.uk

0800 370 2070

office@ncdv.org.uk

CLAIMS

PERSONAL ACCIDENT INJURY

Basically, as a referee, you are covered for personal accident injury when you are travelling directly to and from a game and during the game itself. You are also covered if injured whilst on official society business. If you sustain an injury during this time you will need to make a claim on the Referees' Association policy.

It is absolutely imperative that whether you ultimately make a claim or not, you register the injury with the Referees' Association by asking them directly, yourself, for a claim form. The Association will register your claim as soon as you request a form. You should request a form if you feel that you may make a claim. Do not wait for the outcome of tests or visits to your doctor or hospital, please obtain a claim form straight away directly from the Association. By doing this your claim will be registered.

After consultation with your medical practitioner or hospital, and after your injury has been diagnosed and certified, send the completed claim form immediately to the Association. The Association will acknowledge your claim and forward this to the insurance broker for processing. Should you have any query with the processing or payment of your claim, or if you want specific information on the policy details, please contact Member support or The Referees' Association Head Office.



*"We endeavour to make the process of **making a claim** as **pain free** as possible. We manage claims and make settlement with the view of **getting you back refereeing** as soon as possible."*

THEFT OF REFEREES EQUIPMENT CLAIMS

The policy covers the loss of referees equipment only whilst travelling directly to and from a game and during a game. It is not covered under any other circumstances. You must take all reasonable care to protect your property and to keep it safe at all times. Do not leave kit hanging about in dressing rooms or club houses after a game and lock it in your car (either in a locked boot or locked compartment).

Again, you should obtain a claim form directly from the Association who will log your claim in the office in the event of a claim being made.

Complete the claim form ensuring you give full details of the circumstances of the loss and in the case of theft you **MUST** report this to the police and obtain a Crime Reference Number. Submit your claim to the Association without delay.

PLEASE REMEMBER!

It is only by obtaining a claim form **DIRECTLY** from the Association that your claim will be logged. If you obtain claim forms from any other source your claim will only be logged upon receipt and it is vital that this is within the sixty day period allowed.

If you are in any doubt about making a claim please do not hesitate to contact Bill Hudson as above and you will be given definitive information.

THEFT OF CLOTHING & PERSONAL EFFECTS CLAIMS

The policy covers the loss of clothing and personal effects under the operative time of the policy following theft from a locked building or vehicle. In respect of theft from a locked building forceful and / or violent entry / exit must be evidenced. Theft from unattended vehicles is excluded unless items are kept out of sight in a locked boot or locked compartment and evidence that the vehicle has been broken into must be provided. You must take all reasonable care to protect your property and to keep it safe at all times. Do not leave anything hanging about in dressing rooms or club houses after a game and lock it in your car (either in a locked boot or locked compartment).

Again, you should obtain a claim form directly from the Association who will log your claim in the office in the event of a claim being made.

Complete the claim form ensuring you give full details of the circumstances of the loss and in the case of theft you **MUST** report this to the police and obtain a Crime Reference Number. Submit your claim to the Association without delay.



**PROSTATE
CANCER UK**

IGNORING PROSTATE CANCER WON'T BEAT IT!

WHAT IS THE PROSTATE?

Only men have a prostate gland. The prostate is usually the size and shape of a walnut and grows bigger as you get older. It sits underneath the bladder and surrounds the urethra - the tube men urinate (pee) and ejaculate through.

EARLY SYMPTOMS

If you do notice changes in the way you urinate, this is more likely to be a sign of a very common non-cancerous problem called an enlarged prostate, or another health problem. But it's still a good idea to get it checked out, changes include:

- Difficulty starting to urinate or emptying your bladder
- A weak flow when you urinate
- A feeling that your bladder hasn't emptied properly
- Dribbling urine after you finish urinating
- Needing to urinate more often, especially at night
- A sudden urge to urinate - leaking before you get to the toilet

WHO IS THIS MAN?



Made up of 77 different figures, the man is you and everyone who wants to stop prostate cancer being a killer. Our 'Man of Men' logo features in the squad number of every player's shirt in the EFL this season. And football managers up and down the land wear the Prostate Cancer UK pin-badge with pride.

THE
REFEREES'
ASSOCIATION



More information is available
on prostatecanceruk.org
and from The Referees'
Association:

Telephone: 02476 420360
Email: contact@the-ra.org
Web: www.the-ra.org

**MORE INFORMATION
IS AVAILABLE ON
prostatecanceruk.org**



Prostate Cancer UK is a registered charity in England and Wales (1005641) and in Scotland (SC039332). Registered company number 0265387. 5340

follow us



WEAR IT
ORANGE AND
MAKE A *stand*
TO PREVENT
BREAST CANCER

An orange hat, a ginger cat, or a pumpkin – big and round
There are lots of ideas, so have some fun, but don't forget your pound!

Your donation will help Breast Cancer UK continue on our mission
So dress as Nemo, a traffic cone, or a colourful magician

Let's get rid of harmful chemicals, found in things we use everyday
With chemicals linked to breast cancer gone –

WE CAN SHOUT *hip hip hooray!*

All funds raised will go towards research, education and campaigning to help us in our mission to eliminate the environmental and chemical causes of breast cancer.

WEAR IT ORANGE | Together we can help prevent breast cancer

Find out more at www.breastcanceruk.org.uk
Call us on 0845 680 1322

Registered charity number: 1138866

**Breast
Cancer**
Prevent the preventable

Make your impact a positive one.

By managing the game in a positive,
calm and confident way, you'll
encourage everyone to have fun.



Play Your Part (Code of Conduct)

Match Officials

Play your part and support
The FA's Code of Respect:

I will:

- Respect the game, the competition and all other participants
- Maintain my integrity and approach each game with a positive mind set
- Be knowledgeable of the laws of the game, regulations and competition rules
- Set a positive personal example, by promoting good behaviour
- Embrace and empathise with the spirit of the game
- Submit accurate and concise reports and misconduct
- Complete and submit accurate and concise reports
- Apply the laws of the game, promoting positive actions and not tolerating actions that do not fit the image of the game

I understand that if I do not follow the Code,
I may be:

- Required to meet with The FA, County FA Referee Development Staff or Referees Committee
- Suspended by the County FA



RESPECT

For All

We ONLY do Positive.

THE BENEFITS OF REFEREEING

The ability to make decisions under pressure.

The art of managing conflict and resolving challenging situations.

Life experience and skills:

- Self-discipline
- Punctuality
- Time keeping
- Self-presentation
- Report writing

Improved communication skills:

- 1-to-1
- Group scenarios
- Public speaking
- Leading a conversation
- Body language perception

Improved physical health and wellbeing. Referees in the professional game run between 9 and 12km per game!

The camaraderie of being part of a team and community.

Handling responsibility and delegating tasks.

Opportunity for progression up the football pyramid and involvement in the professional game.

INVOLVED IN OUR GREAT GAME!





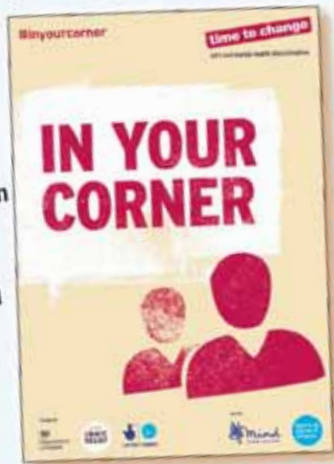
The RA commits to the Mental Health Charter for Sport and Recreation

The Charter is a voluntary code which was launched by the sport sector (the Sport and Recreation Alliance and the Professional Players Federation) with support from MIND in 2015. It has over 280 signatories including the FA and the PFA. The Charter has an instrumental role in embedding mental health within sport and recreation and can help to create a culture shift in wider society that removes the stigma around mental health.

By signing up to the Charter, the RA are committing to helping make this vision a reality. Together we will achieve this by:

- ▶ Using the power of sport and recreation to promote wellbeing, with a special focus on encouraging physical activity and social interaction.
- ▶ Publicly promoting and adopting good mental health and best practice within sports and recreational activities.
- ▶ Promoting positive public health messages using diverse role models and ambassadors to reduce the stigma attached to mental health problems.
- ▶ Actively tackling discrimination on the grounds of mental health to ensure that everyone is treated with dignity and respect.
- ▶ Supporting the establishment of a network that work closely with the mental health sector to develop resources and best practice.
- ▶ Regularly monitoring our performance, assess progress and take positive action on mental health issues.

More information can be found on www.mind.org.uk/sport, www.sportandrecreation.org.uk/policy/the-mental-health-charter and www.the-ra.org



The Referees' Association
1c Bagshaw Close, Ryton on Dunsmore, Warwickshire CV8 3EX
Telephone: 02476 420360 Email: contact@the-ra.org Web: www.the-ra.org

DON'T SUFFER IN SILENCE. SPEAK TO SOMEONE NOW!

GUIDANCE FOR PLAYERS PLAYING WITH GLASSES

Referees should check each player's equipment prior to kick off, or the player entering the field of play as a substitute.

Law tells us...

A player must not use equipment or wear anything that is dangerous.

All items of jewellery (necklaces, rings, bracelets, earrings, leather bands, rubber bands, etc.) are forbidden and must be removed. Using tape to cover jewellery is not permitted.

The players must be inspected before the start of the match and substitutes before they enter the field of play. If a player is wearing or using unauthorised/ dangerous equipment or jewellery the referee must order the player to:

- remove the item
- leave the field of play at the next stoppage if the player is unable or unwilling to comply

A player who refuses to comply or wears the item again must be cautioned.

If a player is wearing glasses, the referee should check that they are sports glasses, which do not contain glass or a metal frame. This is for the safety of the player and other participants in the match, as per the Laws of the Game.

Any player wanting to wear glasses which the referee deems to compromise safety, should remove the glasses or not be allowed to play until so.



NSPCC



Talk to the NSPCC

For advice and support about a child, or to report a concern, talk to us. We're here 24 hours a day. It's free and you don't have to say who you are.

0808 800 5000

help@nspcc.org.uk nspcc.org.uk/helpline

EVERY CHILDHOOD IS WORTH FIGHTING FOR

Photograph: © Spencer Hayes Group. Registered charity England and Wales 216401, Scotland SC037717, 20191040

knowing
SOMEONE'S
got my back

childline
ONLINE, ON THE PHONE, ANYTIME
childline.org.uk | 0800 1111

CHILDLINE IS HERE FOR YOU

If you're worried about anything, at Childline we've got loads of helpful tactics.

Our site is a place where you never have to feel alone. You can get tips on different topics; share experiences with people your own age, or have a free confidential chat with one of our trained counsellors, 24/7.

So, whatever your worry, whenever you need help, we're on your side.

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**THE
REFEREES'
ASSOCIATION**



TEL: 024 7642 0360

EMAIL: contact@the-ra.org

WEBSITE: www.the-ra.org

TWITTER: @RefsAssociation

FACEBOOK: /RefereesAssociation

MEMBER HELPLINE & EMAIL

We are here to serve and we take great pride in doing so. If you need to speak to someone with regards to anything in this brochure then please don't hesitate to get in touch with us.

0800 2545404

membersupport@spencerhayesgroup.co.uk



**Spencer Hayes
GROUP**

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